



# ASIAN ROPE SKIPPING FEDERATION (ARSF) BYLAWS

## 1. **NAME**

This organization shall be known as the "Asian Rope Skipping Federation," hereinafter referred to as "ARSF." ARSF is the official Asian continental federation affiliated with the FÉDÉRATION INTERNATIONALE DE SAUT À LA CORDE – INTERNATIONAL ROPE SKIPPING FEDERATION (FISAC-IRSF).

## 2. **DEFINITION OF THE SPORT**

Rope skipping is defined as "physical activity that involves jumping over one or more ropes", and it is a sport on its own and not part of any other specific sport.

## 3. **AIMS**

ARSF shall strive to advance the educational values of fair play and the pleasure of the game, within the spirit of the principles set forth in the Declaration of the General Association of International Sports Federations dated 5 November 1988 outlining the goals, duties and competences of non-governmental sports organizations. ARSF adheres to both the general aims of the Olympic movement for all sport and to the aims specific to this sport as set forth below.

- a) To promote the development of those physical and moral qualities which are the basis of sport.
- b) To educate young people through sport in a spirit of better understanding among one another and of friendship, thereby helping to build a better and more peaceful world.
- c) To spread the Olympic principles throughout Asia, thereby creating international goodwill.
- d) To bring together skippers of Asia through sport competitions.
- e) To promote this sport as a beneficial fitness activity that encourages a healthy lifestyle.
- f) To make the public aware that rope skipping indeed is a sport and to educate the public of its categories and forms.
- g) To facilitate the development of skippers' skills as well as new skills.

## 4. **SPECIFIC OBJECTIVES**

- a) To promote rope skipping in Asia as a recreational and competitive sport.



- b) To organize rope skipping workshops, competitions, and events in Asia.
- c) To regulate ARSF & FISAC rules and procedures for rope skipping competitions.
- d) To provide representation for the sport on the international level.
- e) To liaise with other rope skipping organizations around the world.

## 5. **GENERAL FUNCTIONS**

ARSF shall undertake to accomplish the general functions set forth below.

- a) Maintain appropriate relations with governmental organizations, appreciating governmental support of sports but affirming the autonomy and independence of FISAC and its affiliated National Federations and reaffirming opposition to all political or economic interference.
- b) Maintain appropriate relations with non-governmental organizations.
- c) Collaborate with the media in promoting a better knowledge and understanding of this sport; attracting sponsors and event organizers to generate revenue for the development of sport; publish and broadcast the positive, ethical and educational aspects of this sport; give fair exposure to participants.
- d) Fight against doping by defining and issuing lists of forbidden substances and practice; designate which competitors should be tested; establish testing procedures; pronounce punitive sanctions after fair hearing; oversee application of sanctions by National Federations; make and apply effective regulations to restrict and control doping; open borders to delegates appointed to conduct tests; and promote and implement large-scale preventative educational programs.
- e) Fight against violence by updating regulations and taking all possible measures to avoid malicious violence, as well as by cooperating actively with public authorities.

## 6. **LANGUAGE**

The official language of ARSF shall be English.

## 7. **MEMBERSHIP**

- a) **Eligibility**: Membership in ARSF shall be open to rope skipping organizations in Asian countries, which have applied to and received the approval of the ARSF board of directors.
- b) **Categories**:
  - (a) **Full Member**  
Limited to one affiliated National Rope Skipping Organization (NRSO) per country. Organizations that have had provisional



membership for one or more years and been accepted by the ARSF board will have full member status. They may participate in all ARSF rope skipping events (full participation rights), ARSF elections, and ARSF AGM with voting rights.

Fee: USD\$150

(b) **Provisional Member**

No limit of the number of affiliated organizations per country. It shall be mandatory that candidate organizations be placed in provisional membership status for a minimum of one year prior to consideration for acceptance by the ARSF board as a full member. Organizations new to ARSF, organizations that do not fulfill the requirements for full membership, or organizations from countries with multiple organizations applying for membership will have provisional member status. They may participate in all ARSF rope skipping events (with limited participation rights) and ARSF AGM (as a guest, but with no voting rights).

Fee: USD\$75

c) Fee: The annual membership fee must be paid. The fee for Full Members is USD\$150 and for Provisional Members USD\$75. The fee shall be paid to the designated ARSF bank account. Changes in fee structure shall be made at the ARSF AGM and come into effect January 1 following the AGM.

d) Period: Membership shall run from January 1 to December 31.

e) Participation: Only members in good standing (paid ARSF membership fee, submitted monthly reports, and adhere to the ARSF bylaws) may participate in ARSF sanctioned events.

f) Suspension: The board of directors can suspend and expel any member by majority vote, if they feel the said member has been properly advised of the member's inappropriate conduct or disregard of the ARSF bylaws. Inappropriate conduct may include, but is not limited to: failure to adhere to the ARSF bylaws, acts of disrespect toward ARSF members, or disregard of decisions made by the ARSF board of directors.

## 8. **BOARD OF DIRECTORS**

a) Composition: The board of directors shall be constituted as follows:

(a) **President (1)**:

Acts as chief executive of ARSF, supervises and represents ARSF, presides over ARSF meetings.

(b) **Vice President (1 or 2)**:

Acts as president when the president is absent or incapable of fulfilling his or her duties.



(c) **Secretary General** (1 or 2):

Keeps records of all ARSF affairs under the supervision of the board of directors, attends meetings and is responsible for recording all votes and minutes of all proceedings. Gives notice of all meetings and is in charge of compiling and sending out the monthly ARSF rope skipping report.

(d) **Treasurer** (1):

Monitors the ARSF bank account, conducts annual membership fee-related duties, and prepares the annual ARSF financial report.

(e) **Publicity Director** (1):

Publicizes ARSF in a variety of ways (Facebook, written publications, etc.) and manages and periodically updates the ARSF website.

(f) **Technical Director** (1):

Responsible for issues related to ARSF rope skipping events, the Asian Rope Skipping Championships, rules and judging, and the training of judges and coaches.

- b) **Requirements:** Directors must be at least 18 years of age and be recommended by the official rope skipping organization of their country for this position.
- c) **Term:** Two years. The term shall commence at the end of the meeting during which the election is held. The term may be extended according to the performance of the individual, provided they are re-elected.
- d) **Resignation:** Should a director resign, the board of directors may fill the vacancy by majority vote. The newly elected director shall serve until the end of the term.
- e) **Dismissal:** Any director may be dismissed by a majority vote of the board of directors for inappropriate conduct. Inappropriate conduct may include, but is not limited to: failure to adhere to the ARSF bylaws, acts of disrespect toward ARSF members, or disregard of decisions made by the ARSF board of directors.

## 9. **MEMBER ORGANIZATION REPRESENTATIVES**

Each ARSF member organization shall have one person designated as the "member organization representative". All communication with ARSF shall be made through this person only, in order to promote effective communication within ARSF. The representative is responsible for submitting a monthly report to the ARSF Secretary General via e-mail each month.

- a) **Requirements:** Member organization representatives must be at least 18 years of age and in good standing with the official rope skipping organization



of their country.

- b) Term: indefinite (to be determined by each ARSF country)
- c) Resignation: Should a member organization representative resign, the ARSF country is responsible for finding someone to fill the vacancy as soon as possible.
- d) Dismissal: Any member organization representative may be dismissed by a majority vote of the ARSF board of directors for inappropriate actions against the ARSF bylaws.

## 10. **MEETINGS**

- a) Types: The AGM or any other type of meeting of ARSF board of directors or ARSF members shall be held at any time or place determined by the board of directors. Meetings may also take place electronically via e-mail or teleconference.
- b) Guests: The board of directors may invite individuals who are not members of ARSF to participate in the meeting discussions. It should be noted at the beginning of the meeting that these persons have no right to vote, but are welcome to partake in any discussions that will take place.
- c) Advance notice: Adequate advance notice of a meeting shall be delivered by regular mail, email, or FAX to the board of directors and/or member organization representatives and/or guests.
- d) Content: The content of a meeting may vary, depending on the purpose and participants, with exception of the AGM, which has specific agenda items.
- e) AGM: The AGM will be held during the Asian Championships at the host city on the years there is an Asian Championship, and held in a location determined by the board of directors with consideration of the member organizations in the other years. The board of directors and one member organization representative from each organization shall attend the AGM. The AGM agenda must contain the following items:
  - (a) Confirmation of attendees
  - (b) Approval of the minutes from the last meeting
  - (d) Directors' and country representatives' reports
  - (e) Analysis and approval of the financial report
  - (f) Acceptance of audited report
  - (g) New business
  - (h) Notices of motions
  - (i) Election of officers
  - (j) Adjournment
- f) Voting: Agenda items requiring voting will be voted upon by the full member organization representatives and directors present at the meeting, but the



ARSF president shall not vote. The majority will determine the outcome of the agenda item, and only in the event of a tie will the ARSF president vote. Full member organization representatives and directors who are not able to attend the meeting will be allowed to vote ahead of time via mail, e-mail, or FAX.

- g) Conflict of interest: Any director(s) knowingly in a conflict of interest position shall declare that conflict of interest and shall not take part in any vote on the conflict of interest matter. If any director feels another director is in a conflict of interest position, the matter can be brought up for discussion and resolved by a majority vote of the directors.
- h) Minutes: Within a reasonable time following a meeting, the Secretary General shall send a copy of the minutes to the board of directors, member organization representatives, and FIASC-IRSF.

**11. REMUNERATION & EXPENSES**

The ARSF directors and member organization representatives shall not receive remuneration, nor directly or indirectly receive any profit for ARSF-related work. However, such persons may be provided reasonable expenses incurred in their duties, including reasonable costs and expenses incurred for attending meetings.

**12. AMENDMENT OF BYLAWS**

The ARSF by-laws may be repealed or amended by a majority vote of the directors and one representative of each full member organization at the AGM.

**13. EFFECTIVE DATE**

These bylaws shall come into effect when confirmed by the ARSF board of directors.

Passed by the ARSF board of directors on February 1, 2009.

Amended by the ARSF board of directors on December 11, 2010.

Amended by the ARSF board of directors on November 28, 2011.

Signed

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Amy Ha  
ARSF President