



6<sup>th</sup> Asian Rope Skipping Championships

Master: Freestyle

Country: \_\_\_\_\_

Name of Skipper: \_\_\_\_\_

Use this free space for notes during freestyle:

Actual successful Level 1 skills: \_\_\_\_\_

Actual successful Level 2 skills: \_\_\_\_\_

Actual successful Level 3 skills: \_\_\_\_\_

Actual successful Level 4 skills: \_\_\_\_\_

*It is possible for a level 4 skill to be converted to 1.5 level 3 skills, a level 3 skill to be converted to 1.5 level 2 skill.*

Score	Skill Level 2	Skill Level 3	Skill Level 4
1.0 - 1.9	4		
2.0 - 2.9	7	6	
3.0 - 3.9	10	9	
4.0 - 4.9	10	12	
5.0 - 5.9		15	2
6.0 - 6.9		15	4
7.0 - 7.9		15	6
8.0 - 8.9		18	8
9.0 - 9.9		18	10
10		18	12

Total score: \_\_\_\_\_ / 10



6<sup>th</sup> Asian Rope Skipping Championships

Team: Single Rope Pair / Team Freestyle

Country: \_\_\_\_\_

Name of Team: \_\_\_\_\_

Use this free space for notes during freestyle:

Actual successful Level 1 skills: \_\_\_\_\_

Actual successful Level 2 skills: \_\_\_\_\_

Actual successful Level 3 skills: \_\_\_\_\_

Actual successful Level 4 skills: \_\_\_\_\_

*It is possible for a level 4 skill to be converted to 1.5 level 3 skills, a level 3 skill to be converted to 1.5 level 2 skill.*

Score	Skill Level 2	Skill Level 3	Skill Level 4
1.0 - 1.9	4		
2.0 - 2.9	7	3	
3.0 - 3.9	10	6	
4.0 - 4.9	10	9	
5.0 - 5.9		12	
6.0 - 6.9		12	3
7.0 - 7.9		12	5
8.0 - 8.9		15	7
9.0 - 9.9		15	9
10		15	11

Total score: \_\_\_\_\_ / 10



6<sup>th</sup> Asian Rope Skipping Championships

Team: Double Dutch Single Freestyle

Country: \_\_\_\_\_

Name of Team: \_\_\_\_\_

Use this free space for notes during freestyle:

Actual successful Level 1 skills: \_\_\_\_\_

Actual successful Level 2 skills: \_\_\_\_\_

Actual successful Level 3 skills: \_\_\_\_\_

Actual successful Level 4 skills: \_\_\_\_\_

*It is possible for a level 4 skill to be converted to 1.5 level 3 skills, a level 3 skill to be converted to 1.5 level 2 skill.*

Score	Skill Level 2	Skill Level 3	Skill Level 4
1.0 - 1.9	9		
2.0 - 2.9	12		
3.0 - 3.9	6	3	
4.0 - 4.9	6	6	
5.0 - 5.9	6	9	
6.0 - 6.9		12	2
7.0 - 7.9		12	4
8.0 - 8.9		12	6
9.0 - 9.9		12	9
10		12	12

Total score: \_\_\_\_\_ / 10